

Get Ready for C.A.M.P.



Tandem would love to help get you and your family C.A.M.P. ready. Here are some helpful tips and questions you can discuss with your child's healthcare provider.



Changing Insulin Needs

- Will their bedtimes and wakeup times change?
- Will their activity level change?
- Will they have special treats or late-night snacks?
- Will they have carbs before activities?
- What is the camp's protocol for managing diabetes?

Creating an alternate Personal Profile for camp on their Tandem pump is an easy way to adjust settings for the questions above.

To create a new Personal Profile, duplicate the current profile. Consider the edits below:

- Reducing basal rates, particularly during the day
- Setting a less aggressive carb ratio for meals when physical activity is anticipated
- Setting a less aggressive correction factor



Activities

- **Sleep Activity:** Consider starting the Sleep Activity 1-2 hours after the last snack or meal
- **Exercise Activity:** Turn on Exercise Activity to help prevent low glucose for adventures like kayaking, rock climbing, or hiking
 - Consider using an alternate Personal Profile with Exercise Activity for when additional hypoglycemia protection is desired
- You may disconnect the pump for up to an hour for water activities and contact sports. Choose the "Suspend Insulin" option while disconnected.



Mealtime

- Review the camp menu ahead of time if possible. What are the serving sizes and carb values? How do they differ from meals at home? How are serving sizes measured?
- Consider using extended boluses for foods high in fat and carbohydrates like pizza or macaroni and cheese



Packing

- Bring three times the anticipated supply of infusion sets, cartridges, syringes, needles, and sensors. Pack a transmitter if the current one will expire at camp.
- You may also want to bring:
 - Adhesives such as IV 3000, overlay patches, Skin Tac, and barrier wipes to help infusion sets stick on longer for increased sweating or water activities
 - Infusion set protective caps for water activities can help keep the port clean and safe



Important Safety Information

RX ONLY. The t:slim X2 pump and Control-IQ technology are intended for single patient use. The t:slim X2 pump and Control-IQ technology are indicated for use with U-100 insulin only. **t:slim X2 insulin pump:** The t:slim X2 insulin pump with interoperable technology is an alternate controller enabled (ACE) pump that is intended for the subcutaneous delivery of insulin, at set and variable rates, for the management of diabetes mellitus in people requiring insulin. The pump is able to reliably and securely communicate with compatible, digitally connected devices, including automated insulin dosing software, to receive, execute, and confirm commands from these devices. The t:slim X2 pump is indicated for use in individuals six years of age and greater. **Control-IQ technology:** Control-IQ technology is intended for use with a compatible integrated continuous glucose monitor (iCGM, sold separately) and ACE pump to automatically increase, decrease, and suspend delivery of basal insulin based on iCGM readings and predicted glucose values. It can also deliver correction boluses when the glucose value is predicted to exceed a predefined threshold. Control-IQ technology is intended for the management of Type 1 diabetes mellitus in persons six years of age and greater.

Warning: Control-IQ technology should not be used by anyone under the age of six years old. It should also not be used in patients who require less than 10 units of insulin per day or who weigh less than 55 pounds (25 kilograms).

Control-IQ technology is not indicated for use in pregnant women, people on dialysis, or critically ill patients. Do not use Control-IQ technology if using hydroxyurea. Users of the t:slim X2 pump and Control-IQ technology must: use the insulin pump, CGM, and all other system components in accordance with their respective instructions for use; test blood glucose levels as recommended by their healthcare provider; demonstrate adequate carb-counting skills; maintain sufficient diabetes self-care skills; see healthcare provider(s) regularly; and have adequate vision and/or hearing to recognize all functions of the pump, including alerts, alarms, and reminders. The t:slim X2 pump, and the CGM transmitter and sensor must be removed before MRI, CT, or diathermy treatment. Visit tandemdiabetes.com/safetyinfo for additional important safety information.

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